



## Skills Progression –Outdoor Adventurous Activities

Y3	YR 4	YR 5	YR 6
<b>Problem-Solving</b>			
<ul style="list-style-type: none"> <li>• Identify and use effective communication to begin to work as a team</li> <li>• Identify symbols used on a key</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate clearly with other people in a team, and with other teams.</li> <li>• Have experience of a range of roles within a team and begin to identify the key skills required to succeed at each.</li> <li>• Associate the meaning of a key in the context of the environment.</li> </ul>	<ul style="list-style-type: none"> <li>• Use clear communication to effectively complete a particular role in a team</li> <li>• Complete orienteering activities both as a part of a team and independently</li> <li>• Identify a key on a map and begin to use the information in activities</li> </ul>	<ul style="list-style-type: none"> <li>• Use a range of map styles and make an informed decision on the most effective.</li> </ul>
<b>Preparation and Organisation</b>			
<ul style="list-style-type: none"> <li>• Begin to choose equipment that is appropriate for an activity</li> </ul>	<ul style="list-style-type: none"> <li>• Try a range of equipment for creating and completing an activity</li> <li>• Make an informed decision on the best equipment to use for an activity</li> <li>• Plan and organise a trail that others can follow</li> </ul>	<ul style="list-style-type: none"> <li>• Choose the best equipment for an outdoor activity</li> <li>• Create an outdoor activity that challenges others</li> <li>• Create a simple plan of an activity for others to follow</li> <li>• Identify the quickest route to accurately navigate an orienteering course</li> </ul>	<ul style="list-style-type: none"> <li>• Prepare an orienteering course for others to follow</li> <li>• Manage an orienteering event for others to compete in</li> </ul>



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<b>Communication</b>			
<ul style="list-style-type: none"> <li>• Communicate with others</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate clearly with others</li> <li>• Work part as a team</li> <li>• Begin to use a map to complete an orienteering course</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate clearly and effectively with others</li> <li>• Work effectively as part of a team</li> <li>• Successfully use a map to compete an orienteering course.</li> <li>• Begin to use a compass to navigate</li> </ul>	<ul style="list-style-type: none"> <li>• Communicate clearly and effectively with others when under pressure</li> <li>• Work effectively as part of a team, demonstrating leadership skills when necessary</li> <li>• Use a compass for navigation</li> <li>• Organise an event for others</li> </ul>
<b>Trials</b>			
<ul style="list-style-type: none"> <li>• Orientate themselves with increasing confidence and accuracy around a trial</li> </ul>	<ul style="list-style-type: none"> <li>• Orientate themselves with accuracy around a short trial</li> <li>• Create a short trial for others with a physical challenge</li> <li>• Start to recognise features of an orienteering course</li> </ul>	<ul style="list-style-type: none"> <li>• Start to orientate themselves with increasing confidence and accuracy around a orienteering course</li> <li>• Design an orienteering course that can be followed and offers some challenge to others</li> <li>• Begin to use navigation equipment to orientate around a trail</li> </ul>	<ul style="list-style-type: none"> <li>• Orientate themselves with confidence and accuracy around an orienteering course when under pressure.</li> <li>• Use navigation equipment (maps, compasses) to improve the trail</li> </ul>